



Seashore
Family Service of NJ
Comprehensive Services for Families



Welcome to
Seashore Family
Services of New
Jersey

TRANSITIONAL
HOUSING

Since 1997, Seashore Family Services of New Jersey (SFSNJ) has been offering Transitional Housing Services. Since we first open our doors, our G.R.O.W.T.H. Program, (Giving Resources and Opportunities to Women in Transitional Housing), over 130 homeless women with children have walked through our doors to improve their lives and develop independent lifestyles.

Program Synopsis: The G.R.O.W.T.H. Program is designed to alleviate homelessness and provide services to improve the quality of life for women and their children. The program provides activities to help homeless mothers in need; offers support services and education; and encourages clients to become contributing members of the community. The program is specifically tailored to assist single, homeless mothers currently on public assistance who want to improve their lives by obtaining skills, training, and upwardly mobile jobs.

The program is designed to assist clients in becoming self-sufficient, learn good coping skills, and provide resources and education so that they can continue to move in emotionally healthy directions as

they maintain a stable living situation and as the cycles of abuse, neglect, substance use, and homelessness ends.

Eligibility: The program is open to single, homeless women and their children who are eighteen years and older, drug and alcohol free, County Emergency Assistance eligible and demonstrate determination and motivation to improve current situation. Prospective clients must formally apply to the program so that a determination of eligibility can be made.

The Program: Following completion an intake process, applicants are accepted based on space availability. Clients are required to sign a Program Agreement and are then moved into an apartment. Each client is assigned a Coordinator (Case Manager) who assists them with:

housing, coordinating appointments, transportation needs, budgeting, and other necessities.

Classes and activities are provided to promote self-help and personal growth. The program also provides transportation to clients to and from: work, school, daycare, shopping, appointments, etc.

Clients generally remain in the program for about a year and those who complete the program participate in a graduation ceremony and are given priority for state rental assistance vouchers.

Our G.R.O.W.T.H. Program provides core services to the clients. These services, which we refer to as Program Events, must be completed by program clients and are required for graduation. The Program



Events include:

- Case Management;
- Counseling;
- Adult Education (clients are academically evaluated to assess grade point level, client without a high school diploma will be required to take part in adult education Classes);
- Life Skills (client must attend and complete all life skills seminars including:
 - a. Anger Management;
 - b. Budgeting;
 - c. Domestic Violence;
 - d. Communication Skills;
 - e. Credit Counseling;
 - f. Employability Skills;
 - g. Health Education and Risk Reduction;
 - h. Relationships;
 - i. Time Management etc.
- Parenting (client will receive education on an array of child rearing strategies in an effort to foster “good parenting skills.”)

The G.R.O.W.T.H. Program works with Federal, State, and local agencies to provide clients with the support and services they need to reach the goal of independent living. Through direct provisions offered by the Ocean County Board of Social Services, Program clients are enrolled in Work First New Jersey (WFNJ), which offers additional support services such as childcare, job training, transportation

assistance, and Medicaid coverage.

How do we calculate a client’s program fee? When an individual enters the program she receives welfare benefits through the Temporary Assistance to Needy Families (TANF) program. TANF recipients receive a monthly grant in proportion to family size and (as mandated by the State of New Jersey) a percentage of the TANF grant is used for emergency housing (welfare rent.) Participants who are recipients of TANF Emergency Housing services have their G.R.O.W.T.H program fee (welfare rent) paid by the Board of Social Services. When a client moves off of welfare and begins working, her program fee is adjusted to the client’s monthly income.

Referral Procedures and Other Agency Involvement: Families referred to our Program have the following special needs: Mental Health; Alcohol Abuse; Drug Abuse; HIV/AIDS related diseases; Developmental Disabilities; Physical Disabilities; Criminal Offenders; and Domestic Violence. Candidates for the G.R.O.W.T.H. Program are referred from the Ocean County Board of Social Services and the member organizations of the CEAS (Comprehensive Emergency Assistance System) throughout the State of New Jersey.

Followup: Through the implementation of follow-up surveys, referrals, and supportive services we encourage graduates to continue using our supportive services. Periodically, we organize graduate reunions providing opportunity for current and past clients to network and reconnect with

each other. Our follow-up services help graduates maintain their accomplishments; lend supportive help in times of need; and provide us with input on how we can improve the services we provide.

Our people: We pride ourselves on providing highly professional, courteous and compassionate service. Our staff is known for being courteous and prompt and accurate with our service delivery while paying close attention to your concerns. We never forget and always appreciate that you selected us to assist you and your family. We will always strive to insure that your experience with us will help you to attain your goals.

Our team includes board certified and licensed counselors and qualified clinical professionals who are experienced in a wide range of specialties. Our professionals are certified to deliver services in substance abuse, family therapy, professional counseling, and clinical social work.

Staff members belong to professional associations and boards. Through these affiliations they are thoroughly familiar with the needs and services of this area as well as the entire state. We are proud of our bilingual and bicultural staff that is able to provide culturally-competent services designed to enhance client strengths and address the diverse needs of adults, children, adolescents and families in our service areas.

Locations:

Brick, NJ

Confidential

Telephone: 732-920-2700

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