

*Our team includes board certified and licensed counselors and qualified clinical professionals who are experienced in a wide range of specialties. Our professionals are certified to deliver services in substance abuse, family therapy, professional counseling, and clinical social work.*



**A** licensed professional who handles staff training as well as consulting oversees clinical services at our agency. Staff members belong to professional associations and boards. Through these affiliations they are thoroughly familiar with the needs and services of this area as well as the entire state. We are proud of our bilingual and bicultural staff that is able to provide culturally-competent services designed to enhance client strengths and address the diverse needs of adults, children, adolescents and families in our service areas.



## Our mission

the mission of Seashore Family Services of New Jersey is to provide a continuum of effective substance abuse counseling, prevention, assessments and referrals services to families and individuals. Our commitment is to providing treatment based on best practice standards with the purpose of stopping substance abuse in our communities.



Seashore  
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*Comprehensive Services for Families*

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**Seashore Family  
Services of  
New Jersey**

Comprehensive Services  
for Families



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Since 1972, Seashore Family Services of New Jersey (SFSNJ) has been providing personalized yet professional substance abuse counseling, prevention, assessments and referrals in Ocean and Southern Monmouth Counties.

**W**e enjoy a long-standing reputation as the best provider of services in the area and our experience has taught us that there is an ongoing need for diverse and innovative services that can help families and individuals who suffer from various alcohol and drug-related issues.

Individuals and professionals who are involved in these issues are always seeking innovative organizations that will enable them to feel better, quicker. SFSNJ is the organization of choice to thousands of our neighbors. Our continuum of services and programs for you, your family and your clients has been designed to provide comprehensive services with emphasis on primary and early intervention and short-term treatment.

SFSNJ is licensed by the New Jersey Department of Health and is an accredited institution by the Commission of Accreditation of Rehabilitation Facilities, (CARF) as an outpatient provider for adults, adolescent, and children in the areas of:

- Family Services
- Alcohol & Other Drugs
- Integrated Alcohol and Other Drug / Mental Health
- Community Housing



The CARF accreditation assures that we always maintain and deliver the highest quality international standards of care. We are committed to continuously improving our process with an on-going evaluation of our services and our staff.

### ***Our philosophy***

SFSNJ is committed to our clients and their families by providing innovative programs that balance caring and qualitative services delivered by qualified professionals.

**S**ervice we provide: Our programs are focused on insuring successful results. At SFSNJ we provide the best outcome for sustained and ongoing recovery because we believe that drug and alcohol addictions are treatable and that lasting recovery is a reality. We fully expect that sobriety and positive change will result at the end of proper treatment. All of us are committed to the success of our clients.

Our collective experience has taught us that everyone who attends our programs has unique and specific treatment needs. We do not utilize a 'one size fits all' approach when it comes to our counseling services. Following a comprehensive, initial assessment, our expert staff creates a customized, individualized program for each of our clients.

SFSNJ provides the following services. We urge you to contact us for additional information:

- ***Family and Individual Counseling Services***
  - Marital/Family Counseling
  - Individual Counseling
  - Adolescent Counseling
  - Co-Dependence Counseling
- ***Substance Abuse Services***
  - Comprehensive Assessment
  - Evaluations
  - Individual Counseling and Therapy
  - Couples and Family Counseling
  - Group and Individual Counseling
  - Intoxicated Driver Programs
  - Men's Intensive Outpatient Program



- Women's Intensive Outpatient Group
- ***Prevention Services***
  - Relapse Prevention Counseling
  - Life Skills Education
  - Support Services
  - Motivational Enhancement
- ***Adolescent Intensive Outpatient***
- ***Alcohol and Drug Testing***
- ***Referrals***
- ***Transitional Housing Services***
  - Program designed to alleviate homelessness and provide services to improve the quality of life for women. Program provides support services to change lives and education as a means of improving our community.

And, our services are available to our Spanish speaking neighbors

**O**ur People: We pride ourselves on providing highly professional, courteous and compassionate service. Our staff is known for being courteous and prompt and accurate with our service delivery while we pay close attention to your concerns. We never forget and always appreciate that you selected us to assist you and your family. We will always strive to insure that your experience with us will help you to attain your goals.

